

Secondi di pesce All our fish is fresh and sourced through a local supplier daily, sometimes availability can be a problem, a member of staff will advise on any substitutions.

Gamberoni arrosto £9.95

Pan-fried Whole head on tiger prawns with a lemon, white wine and garlic sauce served with crisp salad.

Merluzzo con salsa al pomodoro £13.95

Roast fillet of cod served with a fragrant tomato and basil salsa, served over creamed potatoes with asparagus and drizzles of salsa Verde.

Spigola agli aromi £14.95

Whole roast sea bass, cooked with sea salt, herbs, white wine and extra virgin olive oil. Served with pan fried spinach and warm new potatoes.

Trio di mare £15.95

Grilled whole tiger prawns, Hand dived Oban seared scallops and steamed Welsh mussels served with olive oil, fresh lemon juice and wild rocket leaf salad.

Secondi di carne

Bistecca £15.95

Char-grilled local sirloin steak served with grilled Mediterranean vegetables and Gratin potatoes

Choice of steak sauces

- pink pepper corn, cognac and cream. £1.55
- mixed wild mushroom red wine and cream. £2.55
- pizzaiola, garlic, olive, capers and tomato. £1.55

Involtini di pollo £11.75

Stuffed poached chicken supreme with a pate of mushroom and pecorino cheese, wrapped in pancetta served over potato gratin, fine beans and a balsamic and red wine sauce.

To be continued

Salsiccia Toscana £10.95

Cumberland sausages casseroled with continental lentils over creamed potatoes and fine beans.

Scaloppina di vitello alla Rossini £14.25

Pan-fried Veal escalope served over creamed potatoes, pan fried spinach flavoured with pine nuts and sultanas finished with pate' and Madeira sauce.

Vitello ai funghi selvatici £13.95

Pan-fried escalope of veal, served on creamed potatoes with a mixed wild mushroom and cream sauce accompanied by tender asparagus.

Pollo e funghi al Marsala £10.50

Grilled tender butterfly chicken breast rested on mash potatoes served with a creamy mushroom and Marsala wine sauce and asparagus.

Porchetta Romana £13.50

Pan-roasted Pork belly stuffed with herbs and garlic served with gratin potatoes and roast garden vegetables accompanied by a red wine sage and onion sauce.

Pollo all' aglio £10.50

Grilled tender butterfly chicken breast cooked in garlic and extra virgin olive oil rested on new potatoes tossed together with garden peas, cannellini and fine beans.

Contorni

Tomato and basil salad £2.95

Side salad £3.85

Chips £2.75

Panned spinach £3.00

Mixed market vegetables £3.50

Char-grilled Mediterranean vegetables £3.50